



## Useful Information

### EMERGENCY NUMBERS

Emergency 999

Out of hours GP services 111

**Newquay Hospital** (Minor Injuries) 01637 834800

**Royal Cornwall Hospital** (Treliske) Truro 01872 250000

**Bodmin Dental Care** 0333 4050290

**Penmellyn Vets**, St Columb Major 01637 8880307

### ATMs

**Co-op Stores** 0.8 miles - St Francis Rd, Fraddon, St Columb, Saint Columb TR9 6QD

**Spar** 1.2 miles - 1 Chapel Rd, Indian Queens, Saint Columb TR9 6QT

### GROCERY

**Co-op Stores** 0.8 miles - St Francis Rd, Fraddon, St Columb, Saint Columb TR9 6QD

**M&S Food Hall** 1.7 miles - Kingsley Village Retail Park, Saint Columb TR9 6NA

**Morrisons** 4.8 miles - Treloggan Rd, Newquay TR7 2GZ

**Lidl** 4.8 miles - Treloggan Rd, Newquay TR7 2BB

**Asda** 5.4 miles - Oakleigh Terrace, Newquay TR7 1RN

**Aldi** 5.5 miles - Cliff Rd, Newquay TR7 1SW

### TAKEAWAYS

**Little Palm Kitchen** in the Leisure Club at Atlantic Reach Resort

**McDonalds** 1.8 miles - Fraddon Services, Saint Columb TR9 6NA

**Posta Pizza** 1.7 miles - TR9 6JR - 01726 337377 (delivery available)

**New Garden Chinese** 1.8 miles - TR9 6LB - 01726 860864

**Port & Starboard Fish & Chips** 1.8 miles - TR9 6JZ - 01726 860270

**Maharajah Indian Cuisine** 7 miles - TR7 2NE - 01637 877377

### PUBS AND RESTAURANTS

**The Manor Arms** beside the outdoor pool at Atlantic Reach Resort

**The Two Clomes** 3.3 miles TR8 4PD - 01637 871163

**The Boathouse** (street food on the beach) 7.7 miles TR7 1HT - 01637 874062

**The Stable** Fistral 8 miles TR7 1HY - 01637 878311

**Lewinnick Lodge** 8.2 miles TR7 1QD - 01637 878117

**Catch Seafood Bar and Grill** 8.5 miles TR8 4BA - 01637 860372

### CHEMIST

**Boots Pharmacy** 1.7 miles - Kingsley Village Shopping Park, Saint Columb TR9 6NA

**Boots Pharmacy** 2.3 miles - Union Square, St Columb Major, Saint Columb TR9 6AP

**Day Lewis Pharmacy** 5 miles - 1 Chester Rd, Newquay TR7 2RT

